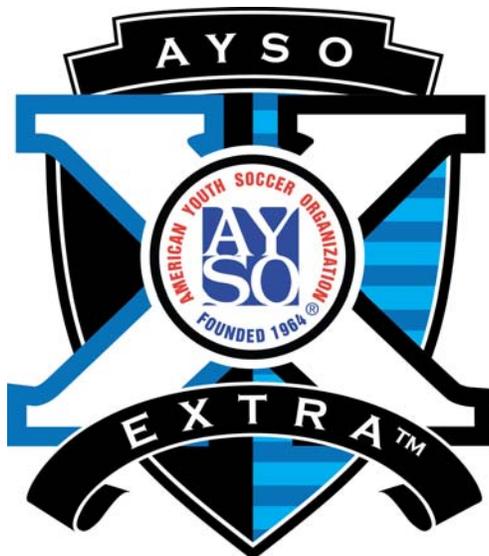


**AYSO EXTRA Program  
and  
Gaming Circuit for Chino Hills Region 779 & Area 1/R**



**Guidelines for a competitive youth soccer program for  
Chino Hills AYSO Region 779**

**May 20, 2011**

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**AYSO EXTRA Program and Gaming Circuit for Region 779 and  
Area 1/R  
Guidelines for a competitive youth soccer program for  
Chino Hills Region 779  
Beginning in Fall 2011**

**1) Introduction and Purpose**

The purpose of this program is to provide AYSO players who desire participation in a competitive soccer experience with a solution that will satisfy their needs and will provide the following benefits to the players:

- a) A competitive fall league program for more advanced players who do not want to participate in a fall recreational program
- b) Two quarter play or equal play mandate
- c) Positive coaching
- d) Accommodative to both soccer only and multi-sport athletes
- e) A competitive soccer experience at a cost that is substantially less than a Cal South sanctioned club program

Additionally, this program will afford participating regions an opportunity to retain volunteers frequently lost to club programs.

**2) Application of AYSO Philosophies**

The AYSO Extra Program must comply with the Six Philosophies of AYSO as follows:

- **EVERYONE PLAYS** – Our programs' goal is for kids to play soccer – so we mandate that every player on every team must play at least half of every game
- **BALANCED TEAMS** – Each year we form new teams as evenly balanced as possible – because it is fair and more fun when teams of equal ability play.
- **OPEN REGISTRATION** – Our program is open to all children who want to register and play soccer. Interest and enthusiasm are the only criteria for playing.

***In Region 779 the Extra Program requires that any registered player is eligible to apply for an age appropriate team. Players not selected are guaranteed placement on a team in the standard primary core program.***

- **POSITIVE COACHING** – Encouragement of player effort provides for greater enjoyment by the players and ultimately leads to better-skilled and better-motivated players.

- **GOOD SPORTSMANSHIP** – We strive to create a positive environment based on mutual respect rather than a win-at-all-costs attitude, and our program is designed to instill good sportsmanship in all facets of AYSO. All players, parents, coaches and other AYSO volunteers in the Extra program are expected to adhere to a high standard of conduct and sportsmanship.

- **PLAYER DEVELOPMENT** – We believe that all players should be able to develop their soccer skills and knowledge to the best of their abilities, both individually and as members of a team, in order to maximize their enjoyment of the game.

### **3) Guidelines and Procedures**

This program will comply with AYSO Rules & Regulations, Bylaws and National Policies or AYSO Extra Guidelines except as noted herein; namely, bracketing of teams as a competitive team balancing methodology. (See section 7)

Each participating Regional Director in a Area is responsible for overseeing/verifying that the Extra program requirements are met as they pertain to player eligibility, coach eligibility, team formation, field support and Referee support by those teams within their Region that elect to participate in the Extra program.

### **4) Organization**

In Region 779, the Extra Program will operate in a “Side-by-side” mode so as not to overwhelm players and parents with multiple team practice and game commitments. Players participating in the Extra program will not participate in the core primary fall program and thus will not be eligible for participation in fall league all-star play.

The Extra Program will be operated and administered by Region 779 and the Areas and Regions participating in the Program. The Program will participate in the Area 1/R gaming circuit

The Extra Program season will be split into two halves; Fall and Spring. In the Fall season, teams will compete in brackets of 8 to 12 teams with a 10 to 14 game schedule. The teams will compete for a bracket championship based on their record in that bracket during the season with a culminating “League Cup” competition consisting of competition between all teams from all brackets in that division.

A separate Spring “tournament” season will take place whereby teams may compete in tournaments approved by their Regional Commissioner (RC) or by their RC and Area Director (AD) as per national rules. The purpose of the Spring season is to allow those players who choose to compete in other sports to do so

while those players who desire a year-round soccer experience may continue to play at a competitive level. Tournament teams that are short players for the Spring tournament season due to multisport players dropping out may recruit players for their Spring season who participated in either Extra program or the primary core fall program.

It is the stated intent of this program to begin operations on a smaller scale the first year; only one or two brackets in a division (TBD) and to expand participation in future seasons.

### Program Management

Each Region within Area 1B and Area 1R shall determine the management structure of the program within their region; either at the Region or the Area level or something similar to the U16/U19 Program.

Each Region may determine the management positions of their Extra program as they feel necessary to manage the program. Some suggested management positions might include the following under the direction of the RC:

- Assistant Commissioner – Extra Program (board position)
- Extra Program Director (board position)
- Coach Development Coordinator (Coach Commission member)
- Player Development Coordinator (Coach Commission member)
- Referee Coordinator (Referee Commission member)

## **5) Finances**

Extra programs are primary programs, and therefore, Region funds may be used to support Extra activities, but only to the extent that they are consistent with the funds expended for the standard primary program. Any additional costs needed to run the Extra program must be borne solely by the Extra players, and approved by the Regional Commissioner and Regional Board and in accordance with AYSO's Rules & Regulations, Bylaws and National Policies. Extra funds must be placed in the Area or Region's operating account segregated by separate NAP accounting codes from the standard primary program funds.

Financial reports, including budgets and other reports to be determined will be provided to the next higher executive member above the sponsoring entity. For example, reports for an Area-run program shall be provided to the Section Director. During the pilot phase reporting requirements will be set by the NBOD.

## 6) Player Eligibility

Each Regional Commissioner of a Region electing to participate in the Extra program is responsible for his/her Region's compliance with established player eligibility requirements. Player eligibility, as pertains to age requirements to participate in a specific gender/age bracket, is defined in the AYSO National Rules & Regulations.

Eligible players must have registered with AYSO and have participated in a scheduled Regional team player selection format that has been approved. The AYSO National Support & Training Center player database shall be the source of determining all players' current registration status, the creation of team rosters and ID cards. There is no requirement that Extra players have previously played or registered as AYSO players. Players trying out for Extra program teams being formed for the next Fall season who are registered with AYSO in the current year, including Spring Select Programs, are eligible to play on tournament teams in the current tournament season. **The Extra program requires a high level of commitment and it would be prohibitive for players to be part of a club team and an extra team, therefore, club players will not be allowed to be a part of the Extra team.**

Gender/age bracket placement of players shall be based on their age as of July 31 of the current registration year. Extra permits placement based on single year age increments. Teams may be formed in single age brackets provided that participating Regions can or desire to do so.

Placing/playing an age ineligible player on team may result in the expulsion of the player, coach, and/or the entire team from the Extra program, or such other disciplinary action as deemed appropriate by the Area Director. The Area Director shall also determine the extent of culpability with the possibility of additional sanctions being administered as well.

## **7) Program Structure**

The AYSO Extra Program in Region 779 will be organized in divisions starting from U10 through U114 followed by a U19 division, as follows:

1. First Year
  - i. U10
  - ii. U12
  - iii. U14
2. Second Year – Add U11, U13, U15
3. Third year – Add U16
4. Fourth year – Add U17
5. Fifth year – Add U19

In order to accommodate Regions that might not be able to field teams in each division, RC's may approve players playing up one year; i.e. U11 players playing on a U12 team. Otherwise, on an exception basis, a Regional Commissioner with the consent of the Area Director may approve a player to play up one year. A player may not play up two years. Also, with consent of the AD and the SD, smaller regions may be permitted to combine players to create teams if such combinations create opportunities for players to play and fosters competition.

Extra Program teams in Region 779 will be balanced through the bracketing of teams into competitive brackets within their respective division in those years where this level of balancing is needed. For example, A teams will be slotted in A brackets and B teams will be slotted in B brackets. As the program expands, team bracketing may be expanded to three or more levels as needed, again only in those years when needed.

Bracketing of Region 779 teams will be determined by a Area 1R competition committee appointed by the Area Director based on input from Regional Commissioner of Region 779. Otherwise, same as AYSO Extra guidelines and suggested best practices.

## **8) Team Formation**

Game formats will be small sided games for younger's as follows:

- U10 – 7v7 with maximum roster of 10 players
- U11 – 9v9 with maximum roster of 12 players
- U12 – 9v9 with maximum roster of 12 players
- U13 – 11v11 with a maximum roster of 15 players
- U14 – 11v11 with a maximum roster of 15 players

U15 and above will be in an 11v11 format with maximum roster of 16 players.

The U14 and U15 programs will conclude in time to comply with California Interscholastic Federation (CIF) rules.

Guest players are not allowed in the Extra program.

At no time is inter-Regional recruitment of players allowed without the prior approval of each of the Regional Commissioners and Area Director concerned. Recruitment without prior approval may result in sanctions by the Area Director, who shall convene as a disciplinary board in such instances.

## **9) Player Selection Procedures**

For each Extra division, each Region consisting of three impartial evaluators will form a player selection committee. Extra team coaches will be allowed to observe evaluations and may act in an advisory capacity to the selection committee, but evaluators need to be totally impartial.

A minimum of two (2) evaluation opportunities will be held. Regions are to notify all players who tried out as to their status within 48 hours of the conclusion of the last evaluation and player selections determined. Notifications to those players who are not selected must first be made. All players will wear numbers for selections. Evaluations will be as impartial as possible.

Evaluators are strongly encouraged to use a short-sided game format to evaluate players. Evaluators may also use additional skill tests.

Advance Coaches (at a minimum) or those with higher level coaching licenses will conduct the evaluations that create raw scores. Regardless of coaching license held, a parent of a player trying out for an Extra program team may not participate as an evaluator for his/her child's age division.

The Regional Coach Administrator also should be involved in the Extra program selection process. No coach who will be coaching an Extra program team may participate in the selection process. The Extra program coach should observe all players throughout all the selections.

When all selections have been completed, the Region will calculate scores for all participants and establish a rank order of participants.

The Region will select the most capable players based on the rank order. The selection committee will consist of the Regional Commissioner, the Regional Coach Administrator, the Regional Extra Program Administrator and any other designees by the Regional Commissioner, all who must be neutral participants.

Regions are encourage to select as large a team as allowed by AYSO Rules and Regulations to ensure enough players and substitutes are available each game day as well as to eliminate the need for adding players at a later date. See maximum roster sizes under Section 8

At the time of player selection, a player selection committee, with the advice of the coach, may identify and designate up to a maximum of 3 alternate players in case the team loses players due to a season ending injury or players leaving the program altogether. These alternate players may only become members of the team and participate in the Extra fall league or league cup tournament if all of the following conditions are met:

- a) At the time of player selection the identity of the alternate players must be disclosed in writing to the Region's Extra Program Director, Regional Commissioner, the Area Extra Program Director and the Area Director
- b) The alternate players must be otherwise registered and participating in the Region's primary core program
- c) The team roster has dropped to the point where the team has only one substitute player. Alternate players may be added to bring the substitute player number up to two players.
- d) An alternate player added to the roster must fulfill his/her commitment to attend all primary core team practices and games Failure to do so will result in the player being dropped from the Extra team roster.

## **10) Rosters and ID Cards**

Team rosters for teams participating in the Extra program must be received by the Extra Area Program Director and the Regional Director no later than August 1 and shall include:

- Region and Division identification
- The Coach and Assistant Coach names, address, home and cell phone numbers and e-mail addresses.
- Team member AYSO ID numbers
- Player information: AYSO ID number, jersey number, name, address, phone number and birth date.
- Team number, uniform colors and team name (if available).
- Signature of the Regional Commissioner verifying players and coaches and confirming appropriate player registration and coach volunteer status, training and certification.

Revisions to rosters may occur when a player drops from a team. At that point, the team will be allowed to add one (1) player. This player cannot be drafted from another AYSO team whose season is still in progress except as provided in section 9. The additional player must be approved by the Regional Commissioner.

Revised rosters must be submitted to the Regional Commissioner appropriate authority prior to the new team member participating in a game.

Coaches shall prepare ID cards for each participating Extra player and for a maximum of two coaches per team from the eAYSO database. The ID cards shall bear the name, recent photo of the respective player or coach and the signature of the Regional Commissioner. ID cards must be laminated.

Properly completed and laminated ID cards for all players and a maximum of two coaches and a team lineup card shall be presented to the Referee by each team prior to the start of each Extra program game.

Coaches must wear ID cards visibly on their person during all games. Cards may be clipped on jackets or shirts, or worn on neck lanyards.

For each Extra program team, the coaches must have a team roster, ID cards and copies of AYSO Player Registration Forms (medical release forms) for each participating player as well as their own ID cards. These must be at all events (games, practices, scrimmages, parties etc.) in which the team participates

## **11) Vacancy Policy**

No Extra player may be transferred from one Extra team to another once the season has started, without the consent of the player, the player's parents, both coaches involved and the Regional Commissioner. Parental consent is not required if the player is of legal age (majority).

## **12) Coaches and Referees**

Coaches participating in Extra should be of the excellent quality. At a minimum, Extra coaches (head and assistant) must:

- Have a current Volunteer Application on file at the National Support & Training Center;
- Be an AYSO trained coach as specified in these Guidelines;
- Be Safe Haven certified
- Be an active participant in the Region's standard primary program as an instructor, coach or Referee mentor, or other volunteer service the Region determines adequate to fulfill this requirement;
- Be in good standing with the Region, Area and/or Section and AYSO;
- Be approved by the Region board; and
- Be evaluated and renewed each membership year.

Coaches desiring to coach at the age levels must have completed the following minimum or recommended training levels below:

- U10 – U-12 Coach required, or intermediate Coach strongly recommended
- U11 – U-12 Coach required or Intermediate Coach strongly recommended
- U12 – U-12 Coach required or Intermediate Coach strongly recommended
- U13 – Intermediate Coach required or Advanced Coach strongly recommended
- U14 – Intermediate Coach required or Advanced Coach strongly recommended
- U15 – Advanced Coach
- U16 – Advanced Coach
- U17 – Advanced Coach
- U19 – Advanced Coach

It is strongly recommended that Extra program coaches be certified at least one level above the level he/she is intending to coach (except as set forth above, U-10 coaches *must* be certified at the U-12 level). It is also strongly recommended that coaches have continuing education each year as designed by the Region.

Those wanting to coach must fill in an application and submit it for approval. The Region and/or Area Extra Coach Coordinator will conduct a mandatory Extra coach meeting prior to the start of the Extra season which each coach assigned to an Extra team must attend.

### **13) Regional Support**

Generally, the same as AYSO Extra guidelines and suggested best practices, the parents of participating players must contribute volunteer time back to the Region in volunteer positions as best to assist the operation of the Region. This requirement shall be determined by regions as they see necessary to fulfill their needs.

### **14) Scheduling & Standings**

The game schedule and standings for the Extra program shall be posted on the Region Web sites and Regions should have a link to the Area Web site.

All games shall be played as scheduled (date, time and venue).

In cases of games cancelled by adverse weather conditions (rain, poor air quality or act of God), the Region or Area will reschedule the game to be played either prior to the end of the pool play season or as soon after the end of pool play as can be arranged.

The applicable Regional Commissioners will sign off on the use of fields and referees for these make up games. All game scores will be reported to the Regional Extra Program Coordinator, who in turn, will report them to the Area Extra Program Administrator for stat compilation and posting.

To allow flexibility in rescheduling games, the final standings will not be determined until after one week after the last regularly scheduled games have been completed. This will allow for an additional week and weekend as an opportunity to make up games previously cancelled. The final standings will take into consideration the number of games played.

No team will be allowed to secure a place in positions 1 – 4 in the season standings as a result of not playing a scheduled game due the conditions described above. In such case(s), the Area Director will reschedule the match.

If either of the teams is not ready to play at the scheduled kick-off time, the Referee may allow a grace period of up to ten (10) minutes before canceling the game. A team not ready to play at that time shall forfeit that game. If a team does not show for a scheduled game, their opponent will be awarded a 1- 0 victory by forfeit. The Area Extra Program Administrator may impose other sanctions if the forfeiting team gains an advantage by the forfeit.

The coaches, substitutes and spectators of the two teams watch the match from opposite sides of the field of play unless the Referee gives permission for them to be on the same side, in which case they will remain on separate ends of the field. Home teams shall have the choice as to side of field. Teams and spectators will only be allowed in areas approved by the Referee.

Coaches from both teams are responsible for reporting game scores to the Area Extra Program Scorekeeper within 12 hours of completing a match. Scorekeeper contact information is available on the program website. The Referee is responsible for reporting all misconduct, including the cautions or send-off of players, coaches, or spectators or any other area of concern including unsafe conditions etc. to the Misconduct Reporting email address within twenty-four (24) hours of the game. The Misconduct Reporting System will make appropriate distribution of the Misconduct Report.

If the Referee terminates a game before completion because of actions by players, coaches and/ or spectators, the outcome of the game will be determined by the administration of the program.

If the game termination is due to actions by both teams, or if it is undetermined, the game shall be deemed a forfeit by both teams, and no points shall be recorded in the standings.

If a game is suspended prior to completion due to inclement weather or any other unforeseen circumstances, the game score will stand as recorded by the Referee, provided one half or more of the regulation game time had been played at the time of suspension.

If less than one-half of the regulation game time had been played at the time of the game suspension, the game will be rescheduled and played in its entirety at a later date and time. If the game is not rescheduled for any reason, the game shall stand as a NOT-PLAYED game, irrespective of the score at the time of game suspension.

The format of play and determination of standings shall be based on the number of teams participating in a specific gender/age bracket and may include average

points per game as a method of determining standings for brackets with an uneven number of teams and/or games played.

For standings in bracket play, points shall be awarded as follows:

- Win 6 points
- Tie 3 point
- Loss 0 points
- \*Goal = 1 point (one point per goal scored up to a maximum of 3 per game
- \*Shutout = 1 point (for an earned shutout, including a 0-0 tie
- forfeit = 7 points (scored as 1-0 win, no shutout points as it is not an “earned” shutout)

Tie breakers for standings at the conclusion of pool play shall be as follows:

- a) Head to Head play (outcome of the game involving the tied teams).
- b) Team with the lowest number of goals against.
- c) Goal Differential: goals scored, less goals allowed, maximum differential of three (3) goals per game.
- d) Team with highest number of goals scored, maximum of three (3) goals per game (counting no more than three goals more than their opponents in any game)
- e) Lowest point deductions for misconducts and send-offs.
- f) Coin toss.

Bonus Standings Points:

\* One point for each match (win, lose, tie or forfeit) if the team accurately, completely and timely reports match results as specified under “Match Results” above.

\* Maximum three points – Head Coach and Assistant Coach attend their Regional Coach’s Meeting, as follows:

o Two points – Head Coach attends their Regional Coach’s Meeting with properly prepared Player Registration Forms, completed and signed roster, Coach ID badge, etc.

o One point - Assistant Coach attends the meeting with their completed Coach ID badge, the team will earn one Standings Point (for a maximum of three Standings Points). In the absence of the head coach or the assistant coach (out of town, illness, etc.), a Regional Commissioner (RC) or Regional Coach Administrator (RCA) may represent the coach or assistant coach at the meeting. The RC or RCA must present the Player Registration Forms, team rosters, coach’s badges, etc. at the Regional Coach’s Meeting to earn the Standings Points for the team.

Standing Points deductions:

\* Referee Points - a team of three Qualified Referees was not present for the entire match (see

definition in Referee section) = 1 point deduction. If the Region has received approval from the Extra staff, the Region may assign Extra teams to provide a full set of Qualified Referees to another Extra match. If the team fails to fulfill its assignment, the referee standings point deduction will be assessed to the team assigned to provide the referee team for the match.

- \* A properly badge head and assistant coach is not present for the match = 1 point deduction. Note: no deduction will be made if, at any time during the entire match, either a properly badge coach or assistant coach is present. The same badge person need not be present for the entire match.
- \* Use or participation of an ineligible player, coach or spectator = 3 points deducted per ineligible person per match.
- \* Other (for disciplinary purposes, etc.) = points may be deducted on an individual case by case basis.

Forfeits:

- \* Communicated forfeit (see definition below) = 1 point deduction
  - \* Any other ("non-communicated") forfeit = 3 point deduction
- A "communicated forfeit" requires a 48-hour notice prior to the scheduled match time. This notice must be in the form of a telephone call from the forfeiting team's Regional Coordinator to the opposing team's Regional Coordinator. A follow-up e-mail, also 48 or more hours prior to the scheduled start of the match, documenting the original telephone call must be sent by the forfeiting team's Regional Coordinator to the opposing team's Regional Coordinator with a copy to the Extra Statistician.

Tie breakers for standings at the conclusion of pool play shall be as follows:

- a. Head to Head play (outcome of the game involving the tied teams).
- b. Team with the lowest number of goals against.
- c. Goal Differential: goals scored, less goals allowed, maximum differential of three (3) goals per game.
- d. Team with highest number of goals scored, maximum of three (3) goals per game (counting no more than three goals more than their opponents in any game).
- e. Lowest point deductions for misconducts and send-offs.
- f. Coin toss. Awards will be presented to the first place team in each age division.

Awards will be presented to each of the 2 top teams in each bracket and to the 2 top teams in each division's league cup.

## **15) Officiating**

Regions must provide an adequate number of Referees who are capable of supporting the various age/gender brackets of teams participating in this program. The hosting Regions are responsible for providing Referee coverage for Extra program games. Regional Commissioners are to attest to compliance with the Area staff's concurrence.

All Extra program games shall be officiated using the Diagonal System of Control, i.e. one Referee and two assistant Referees.

The use of “club linesmen” is encouraged when an insufficient number of assistant Referees are available. Club linesman shall only call the ball in and out of play. The Dual (two-man) System of Control is **not** allowed.

Regional Referee Administrators shall assign “neutral” Referees of appropriate skill and ability to all Extra program games assigned to their Region. Referees shall be a minimum of two years older than the oldest players in the division to which they have been assigned.

It will be the responsibility of the home Region to supply a team of three (3) “Qualified Referees” (see definition below) for each match. A team of Qualified Referees must be available within 15 minutes of the scheduled start time or the end of the preceding match, whichever is later.

Failure to have three Qualified Referees for the entire match will result in the deduction of a Standings Point for the home team, regardless of the outcome of the match, unless (a) the match is a forfeit by the home team, or (b) the Referee is injured during the match and is (1) replaced by one of the assistant referees and (2) the original assistant referee is replaced by another referee that also is a Qualified Referee. As a demonstration of good sportsmanship, the visiting team should assist the home team with any available Qualified Referees on its team so that the match is played with a team of three Qualified Referees at all times.

U10 through U14 matches should not be played unless the referee is a Qualified Referee. If the teams play without a Qualified referee, it will be recorded as an unofficial scrimmage and a communicated forfeit by the home team. With the referee’s consent, U10 through U14 matches may be played without Qualified Assistant Referees to assist the referee. Untrained parent(s) may fill the position of “club linesperson(s)” if it is deemed safe to do so by the referee. A club linesperson must behave as a neutral person and may not cheer or give tactical advice during the match. They will only indicate ball over the touch line or goal line.

U16 and U19 matches will not be played unless (1) the referee is a Qualified Referee and (2) one additional Qualified Referee is present to assist the referee. If the referee is the only Qualified Referee present for the match, the match will not be played unless both coaches and the referee all expressly agree the match is safe to play. If the teams play without satisfying the conditions in the preceding two sentences, it will be recorded as an unofficial scrimmage and a communicated forfeit by the home team.

Qualified Referees:

The Referee –

- ✦ For U10 through U14 matches, the Referee must be
  - a) **at least 16 years old, and at least two 2 years older than any players in the match.**
  - b) a Regional Referee or higher badge.
- ✦ For U16 and U19 matches, the Referee must be (a) age 19 or older and at least two years older than the players, (b) an Intermediate Referee or higher and (c) approved in writing in advance by the Region’s Referee Administrator (or designee) to referee the level

of the match. A Referee may be approved by the RRA for some but not necessarily all U16 and U19 matches. For example, a referee could be approved for BU16, GU16 and GU19 matches, but not BU19 matches.

- \* For all age divisions, the Referee
- \* May NOT be the Coach, Assistant Coach, parent or relative of a player on either team.
- \* Must be in proper uniform, including referee jersey, AYSO badge, shorts (or dark colored warm ups), referee socks and footwear. Dark colored warm-ups worn over the proper referee uniform are acceptable. Street clothes, sandals or bare feet are not acceptable.

The Assistant Referees –

- \* Must be a Regional Referee or higher.
- \* Must be 14 years or older and must be at least two 2 years older than any players in the match.
- \* Must be physically able to maintain proper position to indicate when a player is off-side.
- \* May NOT be the coach of the team.
- \* May be the Assistant Coach or a parent or relative of a player on a team (as a courtesy, the opposing coach should be notified before the match, but he/she does not have the right of approval of the Assistant Referee).
- \* Must be in proper uniform, including referee jersey, AYSO badge, shorts (or dark colored warm ups), referee socks and footwear. Dark colored warm-ups worn over the proper referee uniform are acceptable. Street clothes, sandals or bare feet are not acceptable.

## **16) Fields**

Regions must provide an adequate number of fields to support the program. Fields/equipment needs to be age appropriate. Participating Regions are responsible for properly preparing all fields used. Field set-up and take down is the responsibility of the hosting Region.

## **17) Paid Trainers**

Paid coaches are not permitted under AYSO National Rules; however, paid trainers will be permitted consistent with the existing National AYSO Policy Statement.

## **18) Misconduct, Discipline and Dispute Resolution**

It is the responsibility of the Referee in Extra program games to submit a written Misconduct Report to the Region's Extra Program Administrator within 24 hours after the conclusion of the game at which the offence occurred.

There is no mandatory “cooling off” period for cautioned players. It is recommended that, at the coach’s request and with the Referee’s permission, a cautioned player, or any player having difficulty controlling his emotions, may be substituted at the earliest opportunity.

The Referee must also report any behavior by coaches and/or spectators on or off the field that seriously interferes with the game and/or proper standards of conduct.

The penalty for a player, coach and/or spectator sent-off (Red Card) from the field for any reason in an Extra program game shall be a minimum one (1) game suspension. Such suspension shall be served in the first game (not scrimmage) that is played following the game of the incident. **The suspension for violent conduct or serious foul play shall be a minimum of four (4) games and the length of any suspension may be increased and other disciplinary measures applied if deemed warranted by the Regional Commissioner.**

If the player sent off is a minor (under 18 years of age), he/she must leave the field in the company of his/her parent(s) or guardian(s). Otherwise, the player may remain in the proximity of the field, under adult supervision by a Safe Haven certified adult.

Should violators of the penalties set forth in this section refuse to immediately leave the field when requested to do so by the Referee, the game shall be suspended until the situation has been resolved. If it is not resolved, in what the Referee considers a reasonable amount of time, the game shall be terminated and the incident reported to the Area Extra Program Administrator.

A player serving a suspension and not in uniform may attend the team’s next scheduled game as a spectator, but may not participate in any manner.

An adult serving a suspension may not be present at the game (including pre and post game activities) or participate in any manner.

In the event a suspended player or coach participates in a match for which he/she has been suspended, the game shall be recorded as a forfeit in favor of the opposing team. For each such event, the original suspension must be served at the next game played by the team, an additional one game suspension must be served at the following game, and the coach of such team must serve a one game suspension.

Send-Off’s (Red Cards) and/or Cautions (Yellow Cards) given in Extra games are not subject to appeal.

The Regional Extra Program Administrator, the Area Director, with the assistance of the Area's Referee Administrator(s) and the Area's Coaching Administrator(s), together with the respective Regional Commissioners, shall review all inter-Regional disciplinary issues not resolved at the Regional level. Any disciplinary action taken must be communicated within 96 hrs of the game in which the incident occurred. Disciplinary hearings may be called if deemed necessary by the Area Director, or if requested in writing.

The Area Extra Program Administrator will publish a weekly Misconduct Report Summary – distribution to the Area Director, Area/Regional Referee Administrators, Regional Extra Program Coordinators and Regional Commissioners. This report will list all cautions, send offs and information on other reports submitted by Referees and shall also list those suspensions that are to be served (by age division, player name, coach name, date and location).

These guidelines shall serve as the governing document for the Extra Program conducted in this Region/Area

### **19) Relationship of Extra to All-Star and Secondary Play**

Players and teams participating in the Extra Program in Region 779 will participate in a post-season playoff experience such as a league cup. Extra Program players in Region 779 (except as previously approved by the Section Director, see Section 4) will not participate in the primary core program and will not be eligible for participation in all-star play, but may participate in other post season tournament opportunities as approved by the RC or the RC with the consent of the AD.

### **20) Uniforms**

All uniforms and equipment will be in accordance with AYSO National Rules and Regulations. Extra program teams shall be provided with uniforms similar to those provided to other primary program teams. Regional funds are not be expended for any additional player uniforms, warm-ups, backpacks, additional field usage needs, etc.

The Home team in a match is responsible for wearing uniform jerseys (or scrimmage vests) that clearly distinguish them from the other team. In case of color conflicts, the Home team is required to change uniform colors. The Referee is the final authority on the safety of any player's uniform and equipment.

## **21) Practice/Training**

## **22) Player Substitution**

U10 – U14 games shall have a substitution opportunity midway through each half, at half time and in the event of injury. The half time break will be five (5) minutes. U-15 and U-19 age divisions may conduct monitored substitution provided that the prescribed reporting mechanism of a monitoring sheet is used to record such substitutions in order to ensure that all players play at a minimum half of the game.