



Mission Statement

To provide world class youth soccer programs
that enriches children's lives.

Philosophy

Everyone Plays * Balanced Teams * Open Registration *
Positive Coaching * Good Sportsmanship * Player Development *



***NOBODY PLANS TO FAIL,
RATHER WE FAIL TO PLAN!***

***INTRODUCING For our 2012
Chino Hills AYSO COACHES***

The PLAN

***WHETHER YOU ARE A VETERAN OR A NEW VOLUNTEER, ALL COACHES & Asst. Coaches
must be safe haven certified and have certification for the age that they wish to coach.***

COACHING CLINICS BY UK TRAINERS (U5 – U10)

July 21, 2012 - 8:00 a.m. - 1:00 p.m. Grand Avenue Park (Field Training *Must
complete on-line certification prior to attending the course.)

August 11, 2012 - 8:00 a.m. - 1:00 p.m. Grand Avenue Park (Field Training *Must
complete on-line certification prior to attending the course.)

Note: We are looking for kids to participate on the above training dates. Each child will
be trained and receive a UK Training T-Shirt.

Please sign up to participate via www.ayso779.com/UK_Training.html

SAFE HAVEN COURSES- MANDATORY FOR ALL COACHES

Safe Haven Courses are available on-line!!! Upon the completion of the on line course
e-mail a copy of your certificate and a copy of your picture to Michael Machado at
Coach@ayso779.com to get your Coach Certification & Safe Haven Coach ID.



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**Questions regarding courses and/or to obtain approval for reimbursement at a Coaching Clinic
outside of Chino Hills should be directed to our Coach Administrators,
Michael Machado or Frank Sirop at Coach@ayso779.com**

**We will once again be offering UK Training sessions for the coach and their team.
In addition to the plan, additional info can be found via our Coaching handbook at
www.ayso779.com**

The PLAN Chino Hills AYSO & UK Soccer

has created a coaching plan for all our coaches to follow. The coaching plan has been derived and created by 1st understanding the cognitive limits of the players and 2nd by planning their technical and tactical development from 4 years of age through to 19 years of age.

Each curriculum offers the coach a short synopsis of the age division as well as the basic advice for the delivery of the activities. In addition, UK Soccer coaches will be training these sessions each week so you can observe and use. Coaches may sign their teams up to be trained by the UK coaches.

Chino Hills AYSO & UK Soccer has created
the following coaching plan for our coaches to follow.

**U6: 10 weeks worth of sessions,
1 session per week for each of the weeks. www.ayso779.com/U6plan.pdf**

**U8: 8 weeks worth of sessions, 2 sessions per week for each of the weeks.
(16 weeks if only one session per week) www.ayso779.com/U8plan.pdf**

**U10: 8 weeks worth of sessions, 2 sessions per week for each of the
weeks. (16 weeks if only one session per week)
www.ayso779.com/U10plan.pdf**



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**U12/14: 8 weeks worth of sessions, 2 sessions per week for
each of the weeks. (16 weeks if only one session per week)**

www.ayso779.com/U12_14plan.pdf

**U16/18: 8 weeks worth of sessions, 2 sessions per week for each of the
weeks. (16 weeks if only one session per week)**

www.ayso779.com/U16_19plan.pdf





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AYSO Area 1C

Intermediate Coaching Class

June 2nd & 3rd, 2012

Must have completed the U12 Coaches Course and coached at least one season at that level to be eligible to attend:

Saturday, 8:00am–5:00pm (Class & Field Work)

Sunday, 8:00am–5:00pm (Class & Field Work)

Place: **Gabrielino High School,**
1327 S. San Gabriel Blvd, San Gabriel, CA 91776

Advanced Coaching Course:

June 1st, 2nd & 3rd, 2012

Must have completed the Intermediate Coaches Course and coached at least one season at that level to be eligible to attend:

Friday 7:00 pm–10:00pm (Classroom portion)

Saturday, 8:00am–5:00pm (Field Work)

Sunday, 8:00am–5:00pm (Field Work)

Place: **Gabrielino High School,**
1327 S. San Gabriel Blvd, San Gabriel, CA 91776

All days MUST be attended for certification for both courses

Must register online at eayso.org and send a check:

Cost: \$60.00 Checks made payable to AYSO Area 1C.

Mail checks to AYSO 1C, 2635 Maynard Drive, Duarte, CA 91010

(Check with your region, they may reimburse your fee)



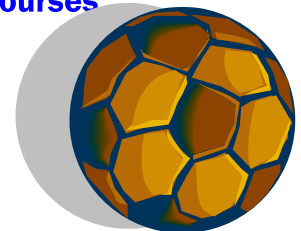
Cost: \$60.00

- Dinner provided on Friday evening
- Lunches provided Saturday and Sunday

You will need to bring:

- Soccer ball
- Soccer shoes or non-slip shoes
- Shin guards
- Sun block
- Water

You will be asked to be involved in drills and demonstrations.



Jane Mason
1C Area Director

E-mail: AD@ayso1c.org

**American Youth
Soccer Organization**



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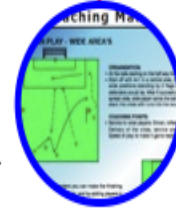
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on-line coaching curriculum access 1000+ age appropriate activities now

You're 30 seconds and just a few clicks away from thousands of soccer activities that will assist in making you a better coach.



FIRST: Visit www.uksocca.com and follow the links for "online curriculum".

SECOND: Choose from one of three great curriculums we can offer:

"Find an activity"

Use the search engine to find an activity that fits your topic of the day.

"Find an entire session"

Download an entire session plan that includes 4 different progressive activities.

"Advanced curriculum"

Find more challenging technical and tactical coaching activities that are designed for the more serious, older soccer players.

THIRD: Enter your organizations customized username and password (username and password are case sensitive).

Username: CH779

Password: ukisc



FINALLY: Print out your session plan or activities and take to the field with you.

